For many children, the review of concepts and the planning of the celebration activity may have been going on for several sessions already. In those cases, it might be possible to move more quickly through the first steps of this module and spend more time on the advert or celebration. Even when moving quickly, it is usually hard to perform the advert and the celebration in the same session. Another way to commemorate the child's success is to write a letter or card to the child, detailing all of his or her progress and your happiness at his or her success in treatment. It does not need to be long or elaborate, but it should be genuine. The letter should be something that the child will keep and can look at to remember what treatment was like and what he or she learned from treatment. You may choose to present the letter in the final session or to send it soon afterwards as a transitional experience for the child.

Another idea is to provide the child with a few stamped envelopes, addressed to you at your workplace. You can invite the child to send a note every now and then to let you know how things are going for him or her. This gesture allows the child to leave the last session knowing that contact with you and the dinic has not ended completely, and provides him or her with an opportunity to stay in touch. In order to assist the child in his or her continued application of newly acquired skills to everyday situations, you might wish to make extra copies of any worksheets they would like to use regularly. The child and parent can then use these worksheets to resume formal practices if challenges arise after treatment has ended. This is particularly important if you feel that the child has made good use of the practice assignments throughout treatment.

Although video or audio taping equipment may not always be available, the exercise of creating and presenting an advert for the treatment programme is a valuable component of the final session with the child. By making a dear statement in favour of the program, the child is more likely not only to remember his or her statement, but also more likely to believe in it. If it is not possible to record an advert, consider having the child develop an advertisement or brochure that the child can present and explain to you, and possibly his or her parents, in order to help the child remember and understand the main points of his or her treatment programme.

In addition to engaging in fun activities with the child during the last session, you might also consider awarding a certificate of completion for his or her participation in the programme.

If the child or parent is particularly concerned about ending treatment, you can plan to check in over the phone at a schedule that seems appropriate.

Did you praise often? Did you review often, by asking questions? Did you simplify the steps as needed? Did your pace match that of the child or family? Did you stay on track?