

Setting an Agenda

Always start the session by setting an agenda together. You should not jump straight into teaching the new material, nor should you begin with an open ended check-in. Instead, begin with asking the parent and/or child what they want to add the agenda and then provide a brief overview of the material to be covered, breaking it into a few main steps. If there has been a crisis of the week (COW), put that into the agenda at the beginning. Set an appropriate time limit on your discussion of the COW so that you can transition to the other items on your agenda, or if more fitting, to a review of material already learned that might apply to this COW. Always try to make room at the end of the session for the

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Reviewing Practice Assignments

Always remember to review practice assignments that were assigned in a previous session, no matter how small. Forgetting to review assignments sends the message that practice is not important, just the opposite of what you want to convey. In fact, practice is the most important part of learning new skills.